



HRCNF2026



International Conference on Human Resilience: Navigating Life Changes & Challenges

27-30 May 2026 | Join us in Hong Kong



Reminder for Main Conference Participants (28–30 May 2026)

Thank you again for joining HRCNF2026. The conference venue is [Hong Kong Shue Yan University](#), 10 Wai Tsui Cres, Braemar Hill, North Point.

1. By shuttle

- A 67-seater shuttle will pick up participants each morning (28–30 May)
- **Gathering time: 8:05am**
- Departure time: 8:15am sharp
- **Gathering spot:** the square right [outside Tin Hau MTR Station Exit A2](#) (near 34 Electric Road)



- Look for student helpers holding an A3 conference poster
- Seat will be reserved to the participants, till 8:10am, who indicated they will take the shuttle
- First-come first-served for other participants
- Please arrive a few minutes early—the shuttle may depart once full
- A 49M minibus station is nearby

2. By bus/minibus

- Public transport options to Braemar Hill: <https://www.hksyu.edu/en/campus/campus-transportation>
- Recommended routes:
 1. Minibus route 25 | Causeway Bay: [Jade Pearl Plaza on Paterson Street](#)
 2. Minibus route 49M | Tin Hau: [Tin Hau Public Transport Interchange, right next to Tin Hau MTR station](#)

3. Conference Kit Collection/Onsite Check-in

- Before proceeding to the venue, please collect your conference kits at [Koo Plaza, Main Building, HKSU](#)



4. Meals & Refreshments

- Lunch and coffee breaks will be provided during the conference.